

**ELEMENTARY  
SCHOOL**

# NOVEMBER 2020

## CACFP ENRICHMENT ACTIVITIES

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Watch <a href="#">If I Ran For President</a> (read by Lonnie Chavis, Parker Bates and Mackenzie Hancsicsak) What was your favorite part of the story? <i>Language Arts</i>	3 Watch <a href="#">The oddities of the first American election - Kenneth C. Davis</a> and complete the "think" activity on the right column. <i>Social Science</i>	4 Read the instructions and watch the video on <a href="#">How to Make a Squishy Egg</a> and try it at home! <i>Science</i>	5 Play the <a href="#">Ninja Kitchen</a> game and learn about food safety! <i>Nutrition</i>	6 Learn the <a href="#">vote dance and song!</a> <i>Physical Activity</i>	7
8	9 Take a 5 minute break and meditate with this <a href="#">video!</a> <i>Physical Activity</i>	10 Take the <a href="#">Which Phytoplankton Are You?</a> quiz and find out which of these different organisms are the most like you! <i>Science</i>	11 Print and color the <a href="#">Veteran's Day Soldier Coloring Page</a> . Write down around the stars on how you celebrate the veterans in your life! <i>Art</i>	12 Watch <a href="#">The history of colonial America</a> . What did you learn from this video? <i>Social Science</i>	13 Read, explore the slideshows and learn about <a href="#">Diwali!</a> <i>Social Science</i>	14
15	16 Connect the dots to reveal the " <a href="#">mystery</a> " fruit! Is this one of your favorite fruits? <i>Nutrition</i>	17 Learn how to <a href="#">Let It Go</a> and move on to better days! <i>Physical Activity</i>	18 Design a <a href="#">rangoli</a> and hang it in the window or on your front door as a welcome sign to friends. <i>Art</i>	19 Watch <a href="#">No Mirrors in My Nana's House</a> (read by Tia & Tamera Mowry) What was your favorite part of the story? <i>Language Arts</i>	20 Watch <a href="#">Which type of milk is best for you? - Jonathan J. O'Sullivan &amp; Grace E. Cunningham</a> and complete the "think" activity on the right column. <i>Nutrition</i>	21
22	23 Complete the <a href="#">Garden Maze</a> activity. Circle your favorite fruit and vegetable in the maze! <i>Nutrition</i>	24 Shout out what you're celebrating with this <a href="#">video</a> and copy these awesome dance moves! <i>Physical Activity</i>	25 Watch <a href="#">Strega Nona</a> (read by Mary Steenburgen) What was your favorite part of the story? <i>Language Arts</i>	26 Print and color the <a href="#">Thanksgiving Turkey Coloring Page</a> . Write down who and what you're thankful for on the pumpkins! <i>Art</i>	27 Explore and learn about <a href="#">Native American Heritage Month!</a> <i>Social Science</i>	28
29	30 Watch this <a href="#">video</a> to learn breathing techniques to get rid of your worry! <i>Physical Activity</i>					